

**Lórien Eck Art & Design**  
**[www.LorienEck.com](http://www.LorienEck.com)**  
**949-357-5510**

### **Bio**

Lórien Eck was born in Los Angeles and raised in Laguna Niguel California. She has recently transitioned from a career of teaching art to inner city youth in the Los Angeles public school system for 10 years and 3 years teaching in rural New York public schools. She has dedicated her life to her art and is now focusing on her fine art and design career, as well as teaching art privately, both locally and globally. Her artwork is dedicated to the loving memory of her sister Alisa Diane Eck.

### **Artist Statement**

Lórien's muse is a combination of the exquisite natural world and the Eternal, the source of light/life. "I create purely from my instinct and my self-inquiry into truth, beauty and creation itself working with my instruments of alchemy: light (all colors), the earth's raw materials and living waters."

My paintings are infused with spiritual insights that act as a catalyst to transform and uplift individuals and thus our global community.

"My inspiration often comes from traveling the world on volunteer endeavors, meditation retreats and teaching sojourns. I am deeply moved by the rich textures and brilliant colors of India and the deep jungle greens of Thailand where voices of chanting monks permeate the silence before dawn. Trekking the Guatemalan highlands brings to mind the coarse threads of hand-woven Mayan textiles and an ancient culture pulsating with fertility. Living abroad in Ghana I was steeped in images of saturated and intricate batik design motifs and the primal reds of the soil."

My current works of art explore the interaction between the macro and micro cosmos, human consciousness and the five elements of our natural world. I offer sessions with individuals seeking self-understanding through my Soul Cosmology Paintings as well as offering creative process art classes and workshops for individuals and groups both locally and globally.

## **Visual Arts Teaching Experience**

- 2007-2012 Visual Arts Educator, West Adams Preparatory High School, Central Los Angeles, LAUSD
- 2002-2007 Visual Arts Educator, John Muir Middle School, South Central Los Angeles, LAUSD
- 2001 Visual Arts Student Teacher, Ghana International School, Accra, Ghana, West Africa

## **Education**

- 2011-2012 Continuing Education Painting/Drawing Otis College of Art and Design, Los Angeles, California
- 2012 Drawing and Painting CSU Summer Arts International Program, Florence, Italy
- 2006 National Board Certified Teacher (NBCT)-Early Adolescence to Young Adulthood Art
- 2006 **M. Ed.** With Honors, St. Lawrence University, Canton, New York
- California State Teaching Credential, Single-Subject Art, K-12
- Cross-Cultural, Language and Academic Development (CLAD) Certificate
- 1994 **B.A.** Studio Art, San Francisco State University, San Francisco, California

## **Artist in Residency**

- 2013 Artist in Residence, NoniLand Agriculture and Research Center, Hawaii
- 2011 Artist in Residence, *The Artist, The Community and The Creative Process*, St. Lawrence University, Canton, New York

## **Solo Exhibitions**

- 2014 Lang Fine Art, Laguna Beach, California  
Temple of Light, Irvine, California
- 2013  
Temple of Light, Irvine, California  
Peet's Coffee and Tea, Laguna Niguel, California  
Team Euro Design, Sausalito, California  
San Francisco New Living Exposition  
*Wine and Wonder*, O'Connor Mortuary, Laguna Hills, California  
Magnolia Wellness Center, San Francisco, California
- 2012 *Venice Art Crawl / Locals Night*, Venice, California

## **Select Group Exhibitions**

- 2014 (En)Gendered (In) Equity Gallery Tally Poster Project, For Your Art, Los Angeles, California
- 2013-2014 Bridge to the Soul: The Art of Healing, Los Angeles, California
- 2013 HaleARTS SPACE, Santa Monica, California
- 2012 CSU Summer Exhibition, Firenze, Italy  
*The Mother Exhibition*, Art For All People Gallery, Malibu, California  
*Equinox Show*, Art For All People Gallery, Malibu, California  
Ritz-Carlton Hotel Laguna Niguel, California  
HaleARTS SPACE, Santa Monica, California
- 2011 HaleARTS SPACE, Santa Monica, California

## **Art Auctions and Charitable Work**

- 2014 **Grapes for Grads VIII**, Laguna Beach, CA-Scholarship fundraiser for college-bound students from Laguna Beach HS and LCAD
- Save the Arts** – LAUSD, Los Angeles, California - Benefitting underfunded arts programs in Los Angeles public schools K-12

2013 **Haight Ashbury Psychological Services**, San Francisco, California -Providing the community with access to quality mental health care.

**Age Well Senior Services**, Non-Profit Serving Orange County, Laguna Woods, California -Providing Meals on Wheels, Transportation, Adult Day services and Health and Wellness Programs

2012 **Whole Planet Foundation**, Los Angeles, California-Various non-profits benefiting from the support

**Save the Arts** – LAUSD, Los Angeles, California- Benefitting underfunded arts programs in Los Angeles public schools K-12

**Grapes for Grads VI**, Laguna Beach, California-Scholarship fundraiser for college-bound students from Laguna Beach HS and LCAD

2011 **Save the Arts** – LAUSD, Los Angeles, California - Benefitting underfunded arts programs in Los Angeles public schools K-12

### **Humanitarian Work**

2002-Present Community Educator, **Living Values Educational Program**

2004-2008 Volunteer, Meditation Teacher, **International Youth Retreat**, Mt. Abu, Rajasthan, India

2002-2005 Volunteer, Meditation Teacher, **Women's Health and Wellness Retreats**, California

2002-2008 Youth Coordinator, Meditation and Art Teacher, **Los Angeles Youth Group**, Brahma Kumaris WSO Los Angeles

2003-2006 Community Service Volunteer, **KTLA Kids Day LA and Lotus Festival**, City of Los Angeles

2001 Volunteer, English and Art Teacher, **Biblioteca Santa Cruz La Laguna**, Lake Atitlan, Guatemala

2001-2007 Art Teacher, **Village Outreach Program**, Mt. Abu, Rajasthan, India

- 2001 Teacher Trainer, **Living Values Educational Program**, UN Refugee Camp, United Nations High Commission for Refugees, Thailand-Burma Border
- 2001-Present Founder-**World Wide Weavers**, an international arts philanthropic project to promote the arts and create economic sustainability for fine artists, craftspeople, and musicians  
[www.worldwideweavers.com](http://www.worldwideweavers.com)
- 1997 Volunteer, House Builder and Teacher, **Xela Aid, Neuvo Amanecer, Women's Weaving Cooperative**, San Miguel Chiquito, Guatemala

### Awards and Grants

- 2006 *Teacher of the Year Award*, Los Angeles County Office of Education, Los Angeles
- 2006 *Bravo Award Honorable Mention Winner*, Visual Arts Specialist Teacher, The Music Center, Education Division, Los Angeles
- 2006 *Recipient of an Instructional Technology Outreach Mini-Grant*, Los Angeles Office of Education and California Technology Assistance Project
- 2008 *FEDCO Grant Recipient*, The California Foundation, - Art supplies for my art classroom
- 2008-2009 *Grant Recipient*, Donors Choose, "Strike a Pose, Yoga in the Classroom", and "Living in a Digital World" classroom projects
- 2009 *Grant Recipient*, Fashion Institute of Design and Merchandising, (FIDM)-Funds for student projects in fashion and design
- 2010 *Grant Recipient, Field Trip Grant and Teachers Talk! Contest*, FIDM-Student field trip for college, over 60 students participated
- 2009 *Teacher Innovation Grant Recipient*, MLA Partner Schools, Los Angeles- Project Founder/Coordinator of student-designed community labyrinth garden

### Publications

- 2010 Contributing Author, Arts = Education: Connecting Learning Communities in Los Angeles. Irvine: CLAT Publications in association with UC Press.
- 2006 Author, Evaluation and Assessment in Middle-Level Art Education – Applications of Constructivist Theory, *Journal for the Practical Application of Constructivist Theory in Education*, St. Lawrence University, New York